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THE COPING CLINIC

iCopeNOW
With Concussions

- ▶ Online workshops
- ▶ Keynote presentations
- ▶ Free resources

"She's a natural
on the stage!"

Steve Lowell
Professional Speaker

"She's one of the
funniest and most natural speakers I've
ever witnessed. Highly recommended to
bring magic to your event."

Peggy McColl
NYT Best-Selling Author

“*Just because you cope less, doesn't mean it's hopeless.*”

Before my accident, I thrived on the energy of a live audience. I spoke at women's conferences, churches, and spiritual events to name a few.

After my accident, I never thought I would be able to speak in front of a group again. But after lots of healing, hard work, and perseverance, I rediscovered my love for public speaking, and I found my way back to the stage.

From a large conference setting to an intimate gathering, my 75-minute keynote presentation will engage, inspire, and entertain your group.

I'll share the story of my life-altering horseback-riding fall and resulting acquired brain injury. I'll describe the debilitating symptoms of this injury—including anger, sleeplessness, headaches, dizziness, emotional breakdowns, noise sensitivity, and an inability to make decisions—which ultimately led me to lose my ability to speak and then, once my speech returned, acquire a Scottish accent. (I'm 1 of approximately 60 people worldwide diagnosed with foreign accent syndrome.)

After 3 years of frustration, isolation, and hopelessness, I decided to look for strategies that would allow me to get even a little relief from the agony I was feeling. I researched and tested a multitude of traditional and non-traditional therapeutic techniques, and from that, developed a holistic routine that provided me with the relief I was desperately seeking.

Over time, my ability to cope with day-to-day life has improved, and with it, I've become passionate about sharing my story with others so that they feel more hopeful about the challenges in their own lives.

Please get in touch to book me for your next event!

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